

Role of Therapy in MyoPro Training

1. What is the process for getting a MyoPro?

Referrals for a MyoPro can be made by a clinician (e.g. therapists, Orthotists/Prosthetists) or an individual may contact our company directly. All candidates must be clinically evaluated and obtain a physician's order for a MyoPro. A pre-authorization is submitted to their insurance provider and once approved, measurement and fabrication can begin. Once the MyoPro is fabricated, it is delivered to the patient by a certified Orthotist/Prosthetist. Throughout this process, we will work with the patient to make sure their therapist is trained on the MyoPro, or in the event they don't have a therapist, we will help identify someone in their community who is willing to learn and help them.

2. What training and support is available to therapists?

All training and support provided by Myomo Inc. is free of charge. For therapists who are new to the MyoPro, we offer a 90 min online introduction to the technology and its clinical applications. This session can be completed as a live 1:1 zoom call with clinical staff. Alternatively, pre-recorded modules can be shared which the therapist can watch at their own pace. This online training is typically completed prior to delivery, then further support is provided after delivery by our team of Regional Clinical Specialists (RCS) who are available both via telehealth and on-site as indicated. RCS support is scheduled to coincide with treatment sessions unless otherwise requested.

3. Are CEUs available for training?

CEUs are offered to therapists who complete the MyoPro 2x distance learning modules. Therapists must complete all 7 training modules to get 1.5 hours or 0.15 CEUs. Certificates can be downloaded after a final quiz and course evaluation are completed. This course is approved by AOTA for OTs and COTAs, but PTs/ PTAs can still get a certificate and documentation, and submit on their own. We also offer CEUs for an on-site 1hr in-service with your Regional Clinical Specialist.

4. What is my role as a therapist working with a MyoPro user?

Therapy is critical to success with a MyoPro. Once a therapist has been trained on the MyoPro and MyConfig software, their role will include:

- assessing and facilitating MyoPro donning/caregiver training,*
- assessing the patient's movement in the MyoPro and facilitating improved muscle activation and coordination,*
- implementing an appropriate MyoPro treatment protocol based on the patient's presentation, needs and goals. We provide treatment guidelines for the therapist to follow, but clinicians have discretion around customization of this program and any adjunct treatments,*
- establishing a HEP for the patient,*
- functional task analysis, helping the patient progress to functional training wherever appropriate*

5. How often should a MyoPro user see a therapist?

Most MyoPro users see a clinician x2 -3 days/wk. However, frequency is set by the clinician and the user and will depend on the number of treatment sessions available, how far the user has to travel to see the therapist and how fast the user progresses in their training.

6. Is therapy included with the cost of the MyoPro?

No. therapy will come out of the patient's existing benefit package. Patients will need a referral and script from their doctor for OT/PT and will incur their regular co-pay for therapy visit.

7. How long should I treat someone with a MyoPro?

This is left to the discretion of the clinician and will depend on a variety of factors – number of treatment sessions available, rate of progress of the user etc. Our training program (P.E.R.L.) provides guidance for the first 10 weeks as this is the minimum length of time for the user to achieve basic functionality and proficiency (assuming they are adhering to the recommended wearing schedule). Clinicians may be able to treat users for the duration of this time period, or even longer. Overall, we recommend 15 – 20 MyoPro training sessions.

8. Do I have to focus only on the MyoPro?

No. Clinicians can continue to use any additional treatments and interventions that they feel their user will benefit from, but we recommend 15 – 20 training sessions with the MyoPro.

9. How should I bill for a MyoPro therapy session?

The MyoPro does not have its own code. The most common codes used by clinicians include neuromuscular re-education, therapeutic activities, self-care, and orthotic training/management.

10. What are common goals?

The MyoPro can provide powered active assistance for elbow flexion/extension and hand grasp/release. Gross motor, functional tasks including basic ADLs, IADLs and community, work or leisure tasks may be appropriate. A lot of training focuses on bilateral tasks with the MyoPro assisting the sound side. Each MyoPro user will have different goals and different functional capacities depending on their mobility, proximal strength, level of hypertonicity etc.

If you have additional questions, please contact clinicalinfo@myomo.com